

# Southern New Hampshire Services

Hillsborough and Rockingham Counties

For more detailed information on all our programs please visit our website snhs.org



## At Southern New Hampshire Services

We are always looking for ways to better serve our clients and community with the tools we have been given and with new and innovative practices.

We work in the community along side our partners to address concerns and conditions as they arise.

We review, assess and modify the delivery of services as circumstances and conditions warrant.

We engage our clients and support and encourage them toward selfsufficiency ... always with the Promise of Community Action in mind:



## And We Always Live by The Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.

We care about the entire community and we are dedicated to helping people help themselves and each other.

## **2023 Annual Report**

# 2024 Calendar

## A Message from our Chief Executive Officer Donnalee Lozeau

The last three years have certainly called on the significant dedication and every ounce of strength and positive attitude from all of us here at SNHS and I know the same can be said for our partner agencies.

Just when we thought we had our arms around what might be next there was a new challenge and less staff to overcome it, without a negative impact to those who most needed our help.

The many unexpected twists and turns we and the rest of the world faced in 2020, 2021 and 2022 provided new and/or expanded needs. We worked to manage them along with significant funding and programs developed to address them. COVID brought both challenges and solutions to those challenges that will forever change the way we provide some services. Fortunately, most are primarily for the better! Online application processes and drive-up food pick-up are just two of the ways we now do things that make good sense going forward.

2023 was an opportunity to look back, reevaluate and consider the broad needs of the people and communities we serve that have forever changed based on the impact of those unprecedented years. We are always on the look-out for opportunities for innovative ways to solve problems or strengthen skills beyond the robust programs that we continue to offer. As always, we have invested time, staff and funds to understand the needs in our communities, and to encourage and empower parents to be advocates for themselves, their children and their community. We have looked at the demands within workforce to try and build creative ways to engage potential employees, while understanding the challenges faced by employers.

As you look through this report you will see the launch of the Parent Leadership Training Institute (PTLI) made possible through our partnership with the Manchester Community College and the NH Charitable Foundation.

You will also see our Southern NH Nurse Leaders and Nurse Educators Pilot Project, which has been incredibly successful in bringing a group of dedicated leaders together. This opportunity to solve problems and make positive change for a smoother path to attract new students along with the goal to retain and recruit nurses is well attended and growing!

Our on-going Whole Family Approach innovations continue with the creation of a small cohort of what we call our Opportunity Navigators. They are in training learning new skills and utilizing a family centered coaching approach, along with developing strong connections across programs both internal and external. This will provide the space to meet our clients where they are and help them to use their voice to guide where they want to go to achieve their personal goals to become economically and socially mobile.

Throughout all of the programs and initiatives our SNHS staff have been the key to our ability to carry out the motto of Community Action: Helping people help themselves and each other. The Board of Directors and the Executive and Management Teams acknowledge, appreciate and thank each and every member of the staff for their commitment and dedication to their role in being the solid foundation that those we serve have come to rely on.

Donnalee

Mialle

What can change the world today is the same thing that has changed it in the past-an idea and the service of dedicated, committed individuals to that idea.

- Sargent Shriver

## **Impact of Community Action**

### SNHS FUNDING/VALUE OF SERVICES BY PROGRAM 2022-2023

### HILLSBOROUGH COUNTY ROCKINGHAM COUNTY

| HILLSBURGUGH COUNTY                        |                         |
|--|-------------------------|
| Bipartisan Infrastructure Law              | <sup>\$</sup> 133,679   |
| Child and Adult Care Food Program          | \$395,613               |
| Child Care Aware of NH                     | \$964,015               |
| Child Care                                 | \$721,104               |
| Commodity Supplemental Food Program        | \$306,028               |
| Community Gardens                          | \$14,000                |
| Early Head Start                           | \$1,772,668             |
| Early Childhood Education Apprenticeship   | \$763,200               |
| Electrical Assistance Program              | \$4,860,078             |
| Emergency Energy Programs                  | \$507,310               |
| English for New Americans                  | \$151,043               |
| Fuel Assistance                            | \$7,253,297             |
| Head Start                                 | \$4,383,306             |
| Homelessness Prevention                    | \$83,128,632            |
| Household Water Assistance Program         | \$77,259                |
| Rural Transportation                       | \$3,596                 |
| Senior Housing                             | \$9,879,127             |
| Summer Food Program                        | \$143,606               |
| Supportive Housing for the Homeless        | <sup>\$</sup> 219,168   |
| T.E.A.C.H.                                 | \$96,548                |
| Volunteer Services                         | \$452,177               |
| Weatherization/Conservation Programs       | \$1,292,050             |
| Western Hillsborough County Family Service | es <sup>\$</sup> 71,464 |
| WIC Nutrition Program                      | \$1,961,030             |
| Workforce Development*                     | \$6,040,995             |
|  |                         |

| Bipartisan Infrastructure Law            | <sup>\$</sup> 174,654 |
|--|-----------------------|
| Child and Adult Food Program             | \$99,979              |
| Child Care Aware of NH                   | \$179,185             |
| Commodity Supplemental Food Program      | \$61,065              |
| Early Childhood Education Apprenticeship | \$95,400              |
| Electrical Assistance Program            | \$2,149,241           |
| Emergency Energy Programs                | \$398,115             |
| Financial Capability/VITA                | \$19,202              |
| Food Pantries                            | \$451,813             |
| Fuel Assistance                          | \$4,785,103           |
| LIHWAP                                   | \$51,351              |
| Head Start                               | \$1,328,275           |
| Homelessness Prevention                  | \$21,883,353          |
| T.E.A.C.H.                               | \$20,237              |
| Summer Food Service Program              | \$10,667              |
| Weatherization/Conservation Programs     | \$1,871,308           |
| WIC Nutrition Program                    | \$609,830             |
|  |                       |

"During this most difficult period in our country's history, community action programs have had to rise to the occasion and deliver to those in need. Southern New Hampshire Services has come through and provided necessary responses. Led by creative and innovative management, they go beyond the call of duty."

<sup>-</sup> Sen. Lou D'Allesandro, SNHS Board Chair

<sup>\*</sup> This figure represents statewide funding.

## Parent Leadership Training Institute

Southern New Hampshire Services is proud to partner with Manchester Community College and the New Hampshire Charitable Foundation to present a wonderful opportunity to parents in our service area to gain practical knowledge and experience in advocating for themselves, their families, and their community.

The National Parent Leadership Institute (NPLI) is an organization that works to amplify parent voices so they can be at the table where decisions that impact their family are made. Parents gain key requisites for civic engagement through NPLI's Parent Leadership Training Institute (PLTI) initiative. Parents who participate in the PLTI report gaining confidence and other interpersonal skills, increasing their support system, learning how to participate in government, among other valuable parent outcomes. Communities where parent leaders are present also see positive outcomes, including "increased policy impact, positive neighborhood impact, policy makers (Government and School) making pro-family policy, funding, or programmatic change(s)" (parentswholead.org/plti/).

The key components of PLTI for parents are the 20-week parent training, completion of a community project, and a graduation ceremony. The 20-week training consists of weekly, one-hour training sessions and is broken up into two phases. The 20 week training schedule starts January, 2024 with a graduation scheduled for June.

There are currently 69 NPLI sites across the country offering PLTI to parents; some of which are led in conjunction with a local community college. Community colleges are naturally suited to house this initiative as the structures for providing knowledge and empowerment to parents are already in place. These education institutions serve many parents who are dedicated to creating a better world for their families, and offering PLTI can help the institution further this mission.

Similarly, Southern NH Services has been a leader in lifting parent voices for over 60 years through our family-centered programs, like Head Start and Early Head Start, that work to help families move out of poverty, and through membership on our Board of Directors. Additionally, our organization is connected with local and state governments which would open the door to additional civic opportunities for parents. Our two community-driven institutions together will lead an effective initiative, creating a lasting impact for parents and children. Funding for the Manchester PLTI comes from our Community Services Block Grant with additional funding support from the New Hampshire Charitable Foundation.

Phase 1 Facilitator at training in Everett, Washington





Site Coordinator at training

We must open the doors of opportunity. But we must also equip our people to walk through those doors. - Lyndon B. Johnson



Manchester PLTI Team





### December 2023

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# January 2024



### February 2024

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### National Poverty in America Awareness Month

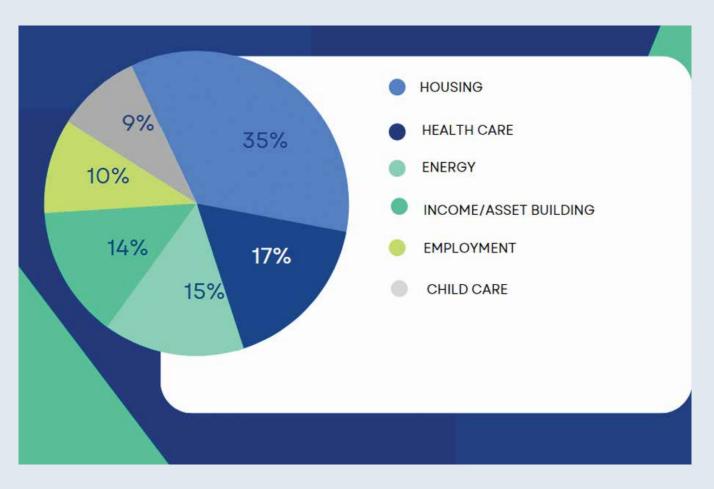
| Sunday | Monday   | Tuesday                             | Wednesday       | Thursday                             | Friday  | Saturday |
|--------|--|-------------------------------------|-----------------|--------------------------------------|---|----------|
|        | 1  | 2                                   | 3               | 4                                    | 5   | 6        |
|        | NEW YEAR'S DAY<br>SNHS Offices Closed                    | WIC Offices Closed<br>for Staff Day | CSFP Raymond    | WIC Late Clinics<br>Exeter until 7pm | WIC Early Clinics Manchester<br>and Nashua 7 am   |          |
| 7      | 8  | 9                                   | 10              | 11                                   | 12  | 13       |
|        | WIC Late Clinics Manchester<br>and Nashua until 7pm      | CSFP Nashua                         | CSFP Manchester | CSFP Weare & Goffstown               |   |          |
| 14     | 15   | 16                                  | 17              | 18                                   | 19  | 20       |
|        | MARTIN LUTHER KING DAY<br>SNHS Offices Closed            |                                     |                 | WORLD DAY OF THE SNOWMAN             | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Portsmouth                             |          |
| 21     | 22   | 23                                  | 24              | 25                                   | 26  | 27       |
|        | WIC Late Clinics Manchester,<br>Derry & Nashua until 7pm |                                     | CSFP Manchester | CSFP Seabrook                        | CSFP Nashua   |          |
| 28     | 29   | 30                                  | 31              | Southern New Ham                     | edures sted on WMUR website: wmur.com apshire Services website: snhs.org allations are made by 5am. | and      |
|        | WIC Late Clinics Manchester and Nashua until 7pm         | WIC Offices Closed for Staff Day    |                 |                                      |   |          |

# Our Community Needs Assessment Drives Our Programming

As part of the Community Services Block Grant (CSBG) requirements, SNHS conducts a Community Needs Assessment every three years to ensure that the programming that we offer align with what the community needs. It is a valuable tool to gather information from those we serve, agency staff, and various community partners.

The Community Needs Assessment is one of many ways that SNHS includes the voices of the individuals and families we serve in the planning and decision-making process. SNHS received surveys from over 2,000 service recipients and they identified the issues in the graph to the right as the most prominent needs in our community:

Through the community needs assessment process, SNHS collects quantitative and qualitative data via surveys, interviews, and focus groups and does extensive research about the causes and conditions of poverty in Hillsborough and Rockingham Counties. The results are analyzed and this information drives the agency's strategic plan for the upcoming years. What we learn assists us in developing innovative programming initiatives and fostering partnerships in the communities we serve. SNHS' Strategic Plan can be found on our website: **SNHS.org.** 



## You spoke, we listened!

### On the Community Needs Assessment, participants identified that the biggest barriers to services were:

- Having to complete too many applications to receive services
- · Unsure about what services are available in the community
- · Too many appointments to attend
- Lack of access to phone or internet

SNHS has hired Opportunity Navigators to help families to overcome these barriers! They will work with families to assess the strengths and needs of the *whole family* and help to connect them to agency and community resources for which they are eligible. The Opportunity Navigators will help with collection of eligibility documents, completion of applications, and coordination of appointments to facilitate access to services that will help them on the road to self-sufficiency.

January 2024

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# February 2024



| March 2024 |    |    |    |    |    |    |  |  |  |  |  |  |  |
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| 31         |    |    |    |    |    |    |  |  |  |  |  |  |  |

| Sunday  | Monday  | Tuesday                            | Wednesday                                    | Thursday   | Friday   | Saturday |
|---|---|------------------------------------|--|--|--|----------|
| Bad Weather Procedures Cancellations are listed on WMUR website: wmur.com and Southern New Hampshire Services website: snhs.org Decisions on cancellations are made by 5am. |   |                                    |  | 1  | WIC Early Clinics Manchester and Nashua 7 am CSFP Manchester               | 3        |
| 4   | WIC Late Clinics Manchester,<br>Nashua & Seabrook until 7pm                               | 6 WIC Offices Closed for Staff Day | 7  CSFP Raymond  SEND A CARD TO A FRIEND DAY | WIC Late Clinics Exeter until 7pm CSFP Greenfield & Peterborough | 9 WIC Early Clinics Manchester and Nashua 7 am CSFP Nashua Housing         | 10       |
| 11  | 12 WIC Late Clinics Manchester, Derry, Nashua & Raymond until 7pm CSFP Manchester Housing | 13                                 | 14  VALENTINE'S DAY                          | 15   | 16 WIC Early Clinics Manchester and Nashua 7 am CSFP Northwood & Newmarket | 17       |
| 18  | 19  PRESIDENTS DAY SNHS Offices Closed  | 20                                 | 21 CSFP Manchester                           | 22   | 23 WIC Late Clinics Manchester, Derry & Nashua until 7pm CSFP Nashua       | 24       |
| 25  | 26 WIC Late Clinics Manchester, Derry & Nashua until 7pm                                  | 27                                 | 28 CSFP Nashua                               | 29<br>CSFP Seabrook  |  |          |

## **Nutrition Programs**

### Just for the health of it!

Women, Infants & Children (WIC) WIC is more than just education and food provision – it's an entire program dedicated to making sure family needs are heard and that they have what they need to live a healthy life. Fathers, mothers, grandparents, foster parents or other legal guardians of children under five are eligible for WIC services.



Patricia Johnson, of the Women, Infants and Children (WIC) program, works with families from prenatal care for the mother through age 5 improving the health of pregnant women, new mothers, infants and children under the age of five.

The Child and Adult Care Food Program (CACFP) is a meal sponsorship available to Family Child Care Homes, Child Care Centers, Adult Care Centers, Homeless Shelters and At-Risk

Programs to receive reimbursement for meals that are served to children and adults in their care. Southern New Hampshire Services is a sponsor of the program for the State of New Hampshire and provides additional benefits to participants.

North Woods Learning Center in Gorham utilizes the CACFP food program, and I can honestly say that it is the absolute saving grace, and I am speaking for not only myself, but our families! The families do not have to worry about packing their children four meals a day, it is all taken care of for them! Some are struggling to make ends meet. By us providing four solid meals a day, it takes a bit of a financial strain off of them.

Iordyn Marshall – Director

**CSFP:** 1252 individuals served **WIC:** 5942 households served

**Food Pantry:** 812 households served **Community Gardens:** 35 participants

Summer Food Service Program: 34,046 meals served

CACFP: \$495,592



Commodity Foods Program

Hillsborough County Community Gardens partners with Hillsborough County to provide up to 50 garden plots to county residents. Plots are available to all residents of Hillsborough County regardless of income, with priority to income eligible residents. 2023 gardens enjoyed plenty of rain producing a healthy bounty for our gardeners!

Our **Food Pantry** sites provide basic necessities whenever an unmet nutritional need is present. Each pantry carries shelf stable food and frozen meat as well as household and hygiene products when available. The food is provided by community food drives, USDA, local food vendor collections and through donations of products from farmers and other sources.

Commodity Supplemental Food Program (CSFP): Commodity Supplemental Food Program (CSFP) provides nutritious food resources to supplement nutritional needs to income eligible adults over 60 in Hillsborough and Rockingham Counties.

Summer Food Service Program: The Summer Food Service Program (SFSP) ensures that at-risk children and teens have access to healthy meals and snacks during the summer months when school is not in session.

The Emergency Food Assistance (TEFAP): The Emergency Food Assistance Program (TEFAP) is a federal program of the United States Department of Agriculture (USDA) that helps supplement the diets of low-income Americans, including the elderly, by providing emergency food assistance at no cost.



February 2024

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## **March 2024**

# The Community Action Partnership serving Hillsberrough and Rockingham Counties

April 2024

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### **National Nutrition Month**

| Sunday Monday   |   | Tuesday                            | Wednesday                | Thursday                                 | Friday   | Saturday |
|---|---|------------------------------------|--------------------------|--|--|----------|
| Bad Weather Procedures Cancellations are listed on WMUR website: wmur.com and Southern New Hampshire Services website: snhs.org Decisions on cancellations are made by 5am. |   |                                    |                          |  | 1 WIC Early Clinics Manchester and Nashua 7 am CSFP Manchester       | 2        |
| 3 4 WIC Late Clinics Manchester, Nashua & Seabrook until 7pm  |   | WIC Offices Closed for Staff Day   | 6 CSFP Weare & Goffstown | 7 WIC Late Clinic Exeter 7 pm CEREAL DAY | 8  | 9        |
| 10  DAYLIGHT SAVING TIME  | 11 WIC Late Clinics Manchester, Derry, Nashua & Raymond until 7pm | 12 CSFP Salem & Plaistow           | 13 CSFP Raymond          | 14 CSFP Portsmouth                       | 15 WIC Early Clinics Manchester and Nashua 7 am CSFP Nashua          | 16       |
| 17<br>st. patrick's day   | 18 WIC Late Clinics Manchester and Nashua until 7pm               | 19 FIRST DAY OF SPRING             | 20                       | 21                                       | 22 WIC Early Clinics Manchester, Derry & Nashua 7 am CSFP Manchester | 23       |
| 24<br>31<br>EASTER  | WIC Late Clinics Manchester, Derry & Nashua until 7pm             | 26  CSFP Exeter & Whispering Pines | 27                       | 28 CSFP Seabrook                         | 29 WIC Early Clinics Manchester and Nashua 7 am                      | 30       |

## **SNHS Senior & Supportive Housing**

### There's No Place Like Home

SNHS Management Corporation is one of the leading providers of housing to income and age eligible applicants. We manage 29 elderly housing sites from Pittsburg to Greenville and Bristol to N. Berwick, ME, that include 910 units, currently with 951 residents choosing their homes with us. Our funding is provided by the U.S. Department of Housing and Urban Development (HUD) and area housing authorities.

Our residents have many common areas on site to enjoy individually, as a group or with family members. They are always making plans for events such as potluck dinners, playing Bingo, cards, making puzzles and crafts in the Community Rooms, Libraries and on our outdoor patios as well. In the Spring, a northern site had a family member provide all supplies and give instruction for creating their own floral hat to decorate all of the residents' unit doors! A beautiful sight and great to have family involved from within the local area.



Bruce, a long time resident at Robinson House relaxes in the Community Room.

Laurel Terrace, courtesy of Jeff Neal



Robinson House is a non-treatment facility featuring 24 subsidized single-room occupancy apartments for homeless men who have completed a substance abuse program and are in need of a safe and supportive living environment. All apartments are Section 8 rent-assisted and subsidized by HUD and by the Manchester Housing and Redevelopment Authority (MHRA).



I truly appreciate your help and I want to thank you vulnerable population. You are very kind, caring and

Rebecca Cowser of the NH State Fire Marshal's Office presented, STEPS TO SAFETY, to Echo Valley Village Residents on October 18, 2023. The main focus of this well-attended presentation was aimed at preventing falls in the home. Tenants watched a presentation, took part in discussions and a trivia contest with winners being awarded prizes.

Funding from the U.S. Department of Housing and Urban Development Section 202 Supportive Housing Program, Low Income Housing Tax Credits (LIHTC), and New Hampshire Housing has enabled us to build and manage 29 elderly housing facilities which represent 894 apartments. The residents of these units pay 30% of their income for rent with the balance subsidized under HUD's Section 8 Rental Assistance Program. Heat and utilities are included in the rent. Call individual sites for more information.

#### **Ashland**

Common Man Commons 48 West Street. Ashland, NH 03217 603-968-3063

#### **Bristol**

Riverview Village 780 Lake Street Bristol, NH 03222 603-744-3627

### Campton

Campton Mills 349 Ôwl Street Campton, NH 03223 603-726-7093

#### Deerfield

Sherburne Woods 1 Upham Drive Deerfield, NH 03037 603-621-7196

### **Epping**

Whispering Pines I 70 Pleasant Street Epping, NH 03042 603-679-2495

Whispering Pines II 70 Pleasant Street Epping, NH 03042 603-679-2495

#### Greenfield

**Greenfield Commons** 826 Forest Road Greenfield, NH 03047 603-547-2361

#### Greenville

Ronald A. Philbrick **Elderly Housing** 54/56 Main Street Greenville, NH 03048 603-878-3364

#### Lancaster

Ice Pond Village 13 Ice Pond Road Lancaster, NH 03584 603-788-2285

#### Manchester

Sundance Village 1915 Front Street Manchester, NH 03102 603-634-0033

Hallsville Court II 850 Hayward Street Manchester, NH 03103 603-624-8321

Hallsville Court I 870 Hayward Street Manchester, NH 03103 603-622-9693

Derryfield Village 628 Hanover Street Manchester, NH 03104 603-521-7196

### N. Woodstock

Councilor Ray **Burton Commons** 10 Washington Drive N.Woodstock, NH 03262 603-745-4989

#### Nashua

Wagner Court 101 Burke Street Nashua, NH 03060 603-595-0316

Davidson Landing 1 143 Ledge Street Nashua, NH 03060 603-598-9846

Davidson Landing II 145 Ledge Street Nashua, NH 03060 603-598-9846

Salmon Brook 21 Lovell Road Nashua, NH 03060 603-577-1306

J.B. Milette Manor 72 Vine Street Nashua, NH 03060 603-595-1300

Streeter Shores 76 Temple Street Nashua, NH 03060 603-881-5214

#### North Berwick, ME

Lucille M. Simpson Meadows 1 Simpson Way North Berwick, ME 03906 207-676-3257

#### **Northwood**

The Meadows at Northwood 243 Bow Street Northwood, NH 03261 603-942-8245

#### **Pittsburg**

Echo Valley Village 20 Black Lake Road Pittsburg, NH 03592 603-538-1122

#### **Plymouth**

Pemi Commons 230 Fairgrounds Road Plymouth, NH 03264 603-536-4684

### Raymond

Ledgewood Commons 4 Ledgewood Lane Raymond, NH 03077 603-895-0389

### **Rochester**

Chaplain Adrien Chasse Village 11 Adrian Circle Rochester, NH 03867 603-335-6062

Mayor Roland Roberge Manor 14 Ådrian Circle Rochester, NH 03867 603-330-3217

Laurel Terrace 21 McKinley Street Rochester, NH 03867 603-335-2733

### **Supportive Housing**

Robinson House 49 Manchester St. Manchester, NH 603-627-9188

Our Supportive Housing Program places the emphasis on safety, accessibility, adaptability, longevity – but it's our staff and residents that turn these communities into homes.

March 2024

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# **April 2024**



May 2024

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### Elderly Housing

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|--------|--|---------------------------------------|-----------------------------------|--------------------------------------|--|----------|
|        | 1  | 2                                     | 3                                 | 4                                    | 5  | 6        |
|        | WIC Late Clinics Manchester<br>& Seabrook until 7pm                            | WIC Offices Closed<br>for Staff Day   | CSFP Raymond                      | WIC Late Clinics<br>Exeter until 7pm | WIC Early Clinics Manchester<br>and Nashua 7 am                                  |          |
| 7      | 8  | 9                                     | 10                                | 11                                   | 12   | 13       |
|        | WIC Late Clinics Manchester,<br>Nashua, Derry & Raymond<br>until 7pm           | CSFP Greenfield &<br>Peterborough     | CSFP Nashua NATIONAL SIBLINGS DAY | CSFP Manchester                      | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Northwood &<br>Newmarket |          |
| 14     | 15   | 16                                    | 17                                | 18                                   | 19   | 20       |
|        | WIC Late Clinics Manchester<br>and Nashua until 7pm<br>CSFP Manchester Housing |                                       |                                   |                                      | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Seabrook            |          |
| 21     | 22   | 23                                    | 24                                | 25                                   | 26   | 27       |
|        | WIC Late Clinics Manchester,<br>Derry & Nashua until 7pm                       |                                       | CSFP Manchester                   |                                      | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Nashua                   |          |
| 28     | 29   | 30                                    |                                   |                                      |  |          |
|        |  | LAST DAY TO APPLY FOR FUEL ASSISTANCE |                                   |                                      |  |          |
|        | WIC Late Clinics Manchester and Nashua until 7pm                               | WIC Offices Closed<br>for Staff Day   |                                   |                                      |  |          |

## May is National Community Action Month!

Celebrated each May, National Community Action Month takes place allowing for a spotlight to be trained on the vital role of Community Action Agencies in supporting low-income families to attain financial stability.

SNHS is proud to have stood with its four sister Community Action agencies in helping to enrich and support the communities in which we serve, and to offer programs to individuals and families leading to financial stability and healthy homes.

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor

A Proclamation

In the year of our Lord Two Thousand and Twenty-Three

COMMUNITY ACTION MONTH MAY 2023

WHEREAS, Community Action emerged from the heart of the Economic Opportunity Act of 1964 and America's commitment to "eradicate poverty among its people"; and

WHEREAS, Community Action builds and promotes economic stability as an essential aspect of enhancing strong communities; and

WHEREAS, Community Action remains engaged, adaptive and responsive to emergent community needs, including bossing stability provided to thousands of New Hampshire households during the COVID 19 pandemic through their work with the Emergency Rental Assistance Program; and

WHEREAS, Community Action has enhanced the lives of tens of thousands of people across New Hampshire by providing essential, life-changing services and opportunities such as workforce training and development, senior housing, public transportation, quality childcare and development including Head Start, food and nutrition services, economic and community development, energy assistance, and energy conservation; and

WHEREAS, Community Action has put a human face on poverty in New Hampshire for 58 years by advocating for limited-income citizens without a voice, so that they move toward greater self-sufficiency, replacing despair with opportunity; and

WHEREAS, Community Action will continue to implement innovative and costeffective programs for those most vulnerable within New Hampshire;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim MAY 2023 as COMMUNITY ACTION MONTH in the State of New Hampshire, and call this to the attention of all citizens.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 24th day of hand 2023.

Christopher T. Sumunu Governor SNHS is part of a much larger national network of Community Action
Partnerships all dedicated to serving the same mission and subscribing to the Promise of Community Action.

SNHS has continually progressed towards a Whole Family approach and this year the SNHS team of Opportunity Navigators went to the National Community Action Partnership Annual Conference. They were excited to bring everything they learned back to NH for implementation.

Furthering our commitment to serving the WHOLE FAMILY Opportunity Navigators will be working toward addressing the needs of families of low-income through a Whole Family Approach with the goal of ending intergenerational poverty by helping them overcome barriers to social and economic mobility through direct service delivery, effective coaching, and coordinated service delivery with other SNHS programs and our partner agencies.





(L to R) Opportunity Navigators Breisy Sanchez, Mina Rajbanshi, Stephanie Burton; Project Innovations Director Katie Dunfey; Family Centered Services Manager Zafar Farooqui; COO Ryan Clouthier

All five Community Action Partnerships across the state were entrusted with direct services from the Emergency Rental Assistance Program (NHERA) to residents of New Hampshire who were impacted by COVID 19 to assure they maintained safe and warm housing during the pandemic.

Emergency Rental Assistance Program Hillsborough County: §83,128,632 Rockingham County: §21,883,353

In my vision of America, everyone is necessary and everyone has the opportunity to participate.
- Sargent Shriver









### April 2024

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# May 2024



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June 2024

National Community Action Month

| Sunday       | Monday   | Tuesday                             | Wednesday              | Thursday   | Friday  | Saturday |
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|              |  |                                     |                        |  |   |          |
|              |  |                                     | CSFP Manchester        |  |   |          |
| 5            | 6  | 7                                   | 8                      | 9  | 10  | 11       |
|              | WIC Late Clinics Manchester,<br>Nashua & Seabrook until 7pm<br>NATIONAL NURSES DAY | WIC Offices Closed<br>for Staff Day | CSFP Weare & Goffstown | WIC Late Clinics<br>Exeter until 7pm<br>CSFP Raymond | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Nashua      |          |
| 12           | 13   | 14                                  | 15                     | 16   | 17  | 18       |
| MOTHER'S DAY | WIC Late Clinics Manchester,<br>Nashua, Derry & Raymond<br>until 7pm               |                                     |                        |  | CSFP Seabrook   |          |
| 19           | 20   | 21                                  | 22                     | 23   | 24  | 25       |
|              | WIC Late Clinics Manchester<br>and Nashua until 7pm                                |                                     | CSFP Manchester        | CSFP Portsmouth                                      | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Nashua |          |
| 26           | 27   | 28                                  | 29                     | 30   | 31  |          |
|              |  |                                     |                        |  |   |          |
|              | MEMORIAL DAY<br>SNHS Offices Closed  | CSFP Salem & Plaistow               |                        | CSFP Exeter &<br>Whispering Pines                    |   |          |

## **Southern NH Nurse Leaders and Nurse Educators Pilot Project**

## Mobilizing Collective Community Action to Address the New Hampshire Nursing Shortage

In February of 2022 Abigail Selden from the Seldin/Haring-Smith Foundation reached out to the NH Community College System of New Hampshire (CCSNH) Chancellor to discuss research they had completed relative to the nursing shortages across the country. In particular they wanted to provide information that could be utilized to create solutions. They provided their research paper titled: Nursing Education in New Hampshire.

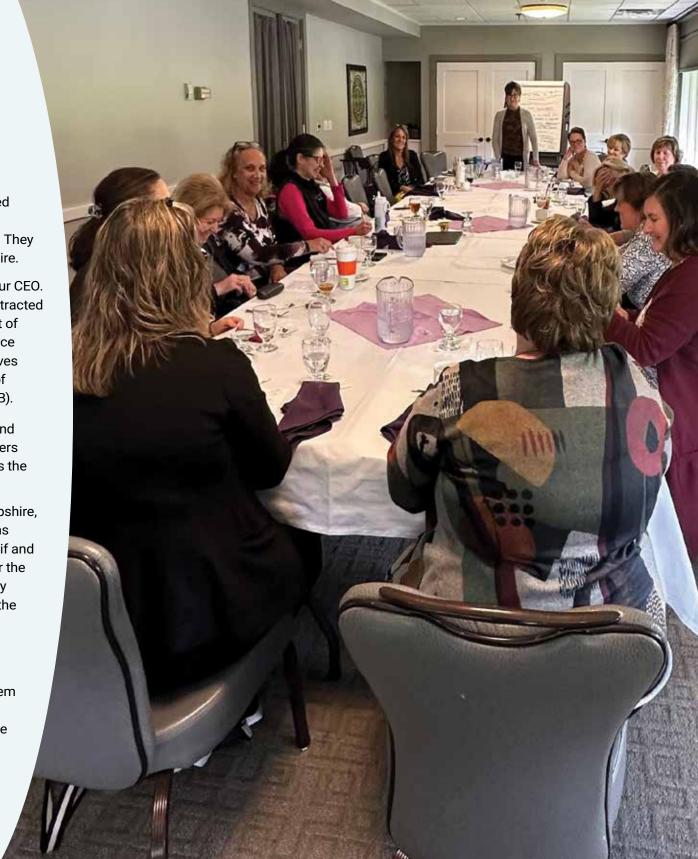
Based on that information a discussion was held with Ms. Seldin and our CEO. It was a perfect connection for collective action as SNHS has been contracted by the Department of Business & Economic Affairs and the Department of Employment Security to serve as the statewide operator of the Workforce Innovation Opportunity Act (WIOA) Adult Worker Program; our CEO serves on the boards of St. Joseph Hospital, the Community College System of NH(CCSNH) Trustees, and the State Workforce Investment Board (SWIB).

The following April members of the St. Joseph Hospital nursing staff, and School of Nursing education staff convened a meeting of 16 of their peers around the topic of "Mobilizing Collective Community Action to Address the New Hampshire Nursing Shortage."

Faced with a severe nursing shortage, both nationally and in New Hampshire, the group tackled the reasons for the shortage, shared current programs underway in the state to address the nursing shortage, and considered if and how to continue this important dialogue. Among the myriad reasons for the nursing shortage, this group agreed there is a severe shortage of faculty and instructors to train nurses, and due to the shortages in all areas of the healthcare workforce there are also limited clinical settings for nursing students.

A task force was formed, called the Southern New Hampshire Nurse Leaders and Nurse Educators Pilot Project. Their work prioritizes problem solving around systemic issues in the field. The group has grown to include participation from 15 agencies across Southern New Hampshire that support and provide healthcare and education in this field.

The ongoing financial support for this work is provided by SNHS, through our Community Services Block Grant (CSBG).



### May 2024

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## **June 2024**



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| 2            | 3   | 4                                   | 5            | 6                                    | 7   | 8        |
|              | WIC Late Clinics Manchester,                            |                                     |              |                                      |   |          |
|              | Nashua & Seabrook until 7pm<br>CSFP Seabrook            | WIC Offices Closed<br>for Staff Day | CSFP Raymond | WIC Late Clinics<br>Exeter until 7pm | WIC Early Clinics Manchester<br>and Nashua 7 am |          |
|              |   | ·                                   |              | _                                    |   | 4.5      |
| 9            | 10  | 11                                  | 12           | 13                                   | 14  | 15       |
|              | WIC Late Clinics Manchester,<br>Nashua, Raymond & Derry |                                     |              |                                      |   |          |
|              | until 7pm<br>CSFP Manchester                            |                                     | CSFP Nashua  | CSFP Greenfield & Peterborough       | CSFP Northwood &<br>Newmarket                   |          |
| 16           | 17  | 18                                  | 19           | 20                                   | 21  | 22       |
|              |   |                                     |              |                                      |   |          |
|              | WIC Late Clinics Manchester and Nashua until 7pm        |                                     |              |                                      | WIC Early Clinics Manchester,                   |          |
| FATHER'S DAY | CSFP Manchester Housing                                 |                                     |              | FIRST DAY OF SUMMER                  | Derry & Nashua 7 am                             |          |
| 23           | 24  | 25                                  | 26           | 27                                   | 28  | 29       |
|              | WIC Late Clinics Manchester,                            |                                     |              |                                      |   |          |
| 30           | Derry & Nashua until 7pm CSFP Manchester                |                                     |              |                                      |   |          |
|              | Corr manchester   |                                     |              |                                      | CSFP Nashua                                     |          |

## Low Income Home Energy Assistance Program (LIHEAP)

### A Lifeline for Families Facing Energy Challenges

The Low-Income Home Energy Assistance Program (LIHEAP - also referred to as the Fuel Assistance

**Program)** helps make a warm place to call home possible for those in our community in need. Thanks to funding from the U.S. Department of Energy, New Hampshire residents who meet eligibility guidelines are provided financial assistance needed to pay for vital heating and utility expenses through the colder months. LIHEAP also offers case management to develop a plan to achieve increased financial self-sufficiency to avoid energy-related emergencies such as running out of heating fuel.

# Fuel Assistance Program 11,118 Households enrolled 22,457 Individuals served





Melissa Sylvestri taking fuel applications at Newmarket Community Church with Hilary McCarthy for Commodity Foods.

Kathy Comeau at Portsmouth Senior Fair

Our office recently assisted a client when she was in a time of crisis. The client hadn't received or applied for assistance since 2011 when she called the Derry Office after being disconnected by her electric company. The client's partner had unexpectedly passed away 4 weeks prior, which not only took an emotional toll on her and her daughter but left her responsible for the past due balance on their electric account. The Fuel Assistance Program scheduled the client to come in that day and completed fuel and electric applications to help her immediate need and to move forward. We also were able to use crisis programs to have her power re-connected that day for her and her daughter.



In celebration of their newest bank location at 170 Baker St. in Manchester, Bangor Bank presented SNHS with a \$500 donation for the Fuel Assistance Program. Left to right, Mary Mattson, SVP, Beth Gilbert, Ryan Clouthier, Heather Francoeur, VP and Steven Paquette, Customer Service Specialist.







### 2024 FUEL DATES:

Last day to apply: April 30th

Priority households: July 1st

All households: **September 1**st

Program opens: **December 1**st

Eligibility income limit: 60% State Median Income

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# **July 2024**

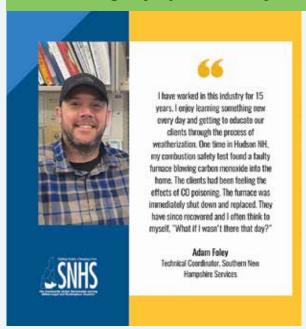


| August 2024 |    |    |    |    |    |    |  |  |  |  |  |  |  |
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| 18          | 19 | 20 | 21 | 22 | 23 | 24 |  |  |  |  |  |  |  |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |  |  |  |  |

| Sunday | Monday  | Tuesday                          | Wednesday                 | Thursday                             | Friday  | Saturday |
|--------|---|----------------------------------|---------------------------|--------------------------------------|---|----------|
|        | 1 WIC Late Clinics Manchester, Nashua, Seabrook & Exeter until 7pm FUEL ASSISTANCE PRIORITY HOUSEHOLD APPLICATIONS OPEN | WIC Offices Closed for Staff Day | 3  CSFP Weare & Goffstown | INDEPENDENCE DAY SNHS Offices Closed | 5 SNHS Offices Closed   | 6        |
| 7      | WIC Late Clinics Manchester,<br>Derry, Nashua & Raymond<br>until 7pm  | 9 CSFP Salem & Plaistow          | 10<br>CSFP Nashua         | 11                                   | 12 CSFP Raymond   | 13       |
| 14     | 15 WIC Late Clinics Manchester and Nashua until 7pm   | 16                               | 17                        | 18 CSFP Portsmouth                   | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Manchester | 20       |
| 21     | WIC Late Clinics Manchester and Nashua until 7pm  | 23 CSFP Nashua                   | 24                        | 25                                   | 26 WIC Early Clinics Manchester and Nashua 7 am CSFP Seabrook           | 27       |
| 28     | WIC Late Clinics Manchester,<br>Derry & Nashua until 7pm  | CSFP Exeter & Whispering Pines   | 31 CSFP Manchester        |                                      |   |          |

### **Weatherization Assistance Program**

Increasing Safety and Comfort; Reducing Energy Costs

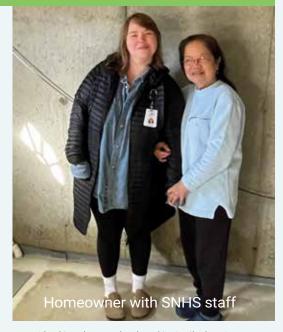


Energy Auditors Karen Sysyn and Alan Barnard test home heating equipment.



I have been working for the green industry for 3 ½ years and enjoy knowing that I'm helping people in need to save energy and live more comfortably every day. One memorable client was an 80-year old women in a drafty Victorian House. We insulated and sealed the structure so her fuel usage was literally cut in half. She was able to live in the house comfortably without dressing like she was outside like she for so many years.

- Alan Barnard



I had just lost my husband in April when I met with Tim McDonald and he explained to me about weatherization. I was very happy when he told me that they are going to fix my problem in the cellar. At that time there was a lot of mold and a little water on the floor. He sent people to clean the place and fix the big problems. I really appreciated what they did in my home.

The overall goal of the Weatherization Program is to serve those low-income households that are most vulnerable to high-energy costs and who do not have the means of making cost-effective energy conservation improvements to their homes.

### **Excerpt of 2023 monitoring by the NH Department of Energy**

"SNHS is managing an impressive and well-run low income weatherization program. The staff is experienced and properly credentialed with some new hires eager to grow and improve. Client files are complete and well-maintained. Client satisfaction, judging from the client files we reviewed, is high. Auditing, work order creation, contractor oversight, final inspections, and creative and timely use of T&TA money are all continuing to provide a solid foundation for a first-class program."

Households served: 387









July 2024

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# August 2024

The Community Action Partnership serving Hillborough and McKingham Counties

September 2024

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LIHEAP Action Month

| Sunday | Monday  | Tuesday                             | Wednesday    | Thursday   | Friday   | Saturday |
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|        |   |                                     |              | 1  | 2  | 3        |
|        |   |                                     |              |  |  |          |
|        |   |                                     |              |  | WIC Early Clinics Manchester<br>and Nashua 7 am                    |          |
| 4      | 5   | 6                                   | 7            | 8  | 9  | 10       |
|        | WIC Late Clinics Manchester,<br>Nashua & Seabrook until 7pm | WIC Offices Closed<br>for Staff Day | CSFP Raymond | WIC Late Clinics<br>Exeter until 7 pm<br>CSFP Greenfield &<br>Peterborough | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Manchester |          |
| 11     | 12  | 13                                  | 14           | 15   | 16   | 17       |
|        | WIC Late Clinics Manchester                                 |                                     |              |  | WIC Early Clinics Manchester<br>and Nashua 7 am                    |          |
|        | and Nashua until 7pm CSFP Manchester Housing                |                                     |              |  | CSFP Northwood &<br>Newmarket                                      |          |
| 18     | 19  | 20                                  | 21           | 22   | 23   | 24       |
|        |   |                                     |              |  |  |          |
|        | WIC Late Clinics Manchester<br>and Nashua until 7pm         | CSFP Nashua                         |              | CSFP Seabrook  | CSFP Manchester  |          |
| 25     | 26  | 27                                  | 28           | 29   | 30   | 31       |
|        |   |                                     |              |  |  |          |
|        | WIC Late Clinics Manchester<br>and Nashua until 7pm         |                                     | CSFP Nashua  |  | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am               |          |

### **Workforce Innovation Opportunity Act (WIOA)**

### Investing in America's Future and Empowering Tomorrow's Workforce

Creating a roadmap to successful employment after a setback can seem overwhelming, but with support and guidance, re-entering the workforce with a new set of skills and confidence for sustained success is possible. The Workforce Innovation & Opportunity Act (WIOA) provides eligible adults with professional career counseling and access to a wide range of employment and training related services. The WIOA Adult Program is supported by the U.S. Department of Labor as part of an award totaling \$2,531,459.00 with \$0 (0%) state, local and/or non-governmental funds. Southern New Hampshire Services is a proud member of the American Jobs Centers Network, an equal opportunity employer/program and complies with the Americans with Disabilities Act.

### **English for New Americans (ENA)**

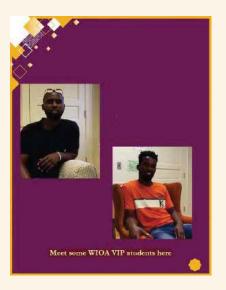
NH Adult Education Program offers free English as a Second Language, Health Care, and Citizenship classes. ENA enrolled 202 students.



Pictured above is Kathy Higgins-Consoli (ESOL Instructor) teaching students in the Advanced English Class with the help from a volunteer.

## WIOA Adult/VIP Success Stories

Theo and Jackson came to
Manchester from a refugee camp in
Rwanda in the summer of 2022. Both
young men came very excited to work
and to get their driver's licenses. Both
Theo and Jackson began working fulltime at a manufacturing company, as
well as starting English classes through
International Institute of New England,
and starting Driver's Education at New



American Driving School to get their driver's license. Both did a great job balancing the ESL class, driver's education, and their job. They both received a driver's license and now have their own car. Both had also talked about eventually becoming truck drivers and they felt ready for the challenge. They were referred by Vibrant, Inclusive & Prosperous Grant (VIP) and enrolled in the WIOA Adult program to pay for the cost of training at New England Tractor Trailer Training School (NETTTS) in February 2023. WIOA Adult paid \$6,500 and another grant helped with the remainder of funds. Both graduated on August 31, 2023, having completed their CDL-A program. They are waiting to take their road tests and cannot wait to see what they do next.

Southern New Hampshire Services has been contracted by the Department of Business & Economic Affairs and the Department of Employment Security to serve as the statewide operator of the WIOA Adult Worker Program.





### **Workforce Innovation & Opportunity Act (WIOA)**

Investing in America's Future and Empowering Tomorrow's Workforce

Total individuals: 459

Tuition assistance for participants entering training related to healthcare, manufacturing, transportation/logistics, construction, IT, education, and hospitality: **352** 

Participants who received support services: 190

August 2024

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# September 2024

National Adult Education and Family Literacy Month



| October 2024 |    |    |    |    |    |    |  |  |  |  |
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| Sunday   | Monday   | Tuesday                             | Wednesday              | Thursday                             | Friday  | Saturday |
|--|--|-------------------------------------|------------------------|--------------------------------------|---|----------|
| 1  | 2  | 3                                   | 4                      | 5                                    | 6   | 7        |
| FUEL ASSISTANCE<br>APPLICATIONS OPEN<br>FOR ALL HOUSEHOLDS | LABOR DAY<br>SNHS Offices Closed   | WIC Offices Closed<br>for Staff Day |                        | WIC Late Clinics<br>Exeter until 7pm | WIC Early Clinics Manchester<br>and Nashua 7 am                         |          |
| 8  | 9  | 10                                  | 11                     | 12                                   | 13  | 14       |
|  | WIC Late Clinics Manchester<br>and Nashua until 7pm<br>CSFP Nashua                       | CSFP Salem & Plaistow               | CSFP Weare & Goffstown | CSFP Raymond                         | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Portsmouth      |          |
| 15   | 16   | 17                                  | 18                     | 19                                   | 20  | 21       |
|  | WIC Late Clinics Manchester and Nashua until 7pm   |                                     |                        |                                      | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Manchester |          |
| 22   | 23   | 24                                  | 25                     | 26                                   | 27  | 28       |
|  | WIC Late Clinics Manchester<br>and Nashua until 7pm<br>CSFP Exeter &<br>Whispering Pines |                                     |                        | CSFP Seabrook                        | WIC Early Clinics Manchester<br>and Nashua 7 am<br>CSFP Nashua          |          |
| 29   | 30   |                                     |                        |                                      |   |          |
|  |  |                                     |                        |                                      |   |          |

WIC Late Clinics Manchester, Derry & Nashua until 7pm

**CSFP Manchester** 

### **Head Start and Child Care**

### A Foundation for Lifelong Learning

Our Head Start, Early Head Start, and Child Care Programs are designed for infants, toddlers and pre-school children to learn the habits and tools they need to succeed in school and in life beyond school.

Along with affordable Child Care we also have been providing Head Start since 1965. These free and federally funded programs include two different program types: Head Start for children between three to five years old and Early Head Start for children six weeks to three years old.

All Head Start and Early Head Start children receive ongoing developmental screening and assessment to address their ongoing medical, dental, nutritional, emotional and social needs. Individualized services are also provided to meet the needs of children with disabilities. Enrolled center-based children are provided nutritious meals and snacks.

SNHS' Head Start and Early Head Start programs joined staff of the Manchester-based Currier Museum of Art to make this collaborative art project a reality. The piece was designed by museum staff and was completed by the children, families, staff and community partners of the Head Start and Early Head Start programs.

Each did their part by painting brightly colored squares which museum staff then assembled into a large multi-canvas installation. The artwork is a result of everyone working together to create an outcome larger than any could do alone.

### What some of our Head Start parents are saying:

- My children love to learn. This is a perfect place with amazing people who actually care.
- My child has become outgoing, sociable and confident in things he is learning. We learned so much about him and his personality since he's blossomed.
- The Head Start program has made my daughter's life great. She loves going to school, has become more outgoing and has learned so much.
- Teachers have been an extended part of our family.
- My child has learned how to be more socially and emotionally independent. She has had so much support to help her during her development.



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## October 2024

# The Community Action Partnership serving Hillsborough and Rockingham Counties

November 2024 s m t w t f s

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### **Head Start Awareness Month**

| Sunday | Monday  | Tuesday                            | Wednesday         | Thursday   | Friday  | Saturday                       |
|--------|---|------------------------------------|-------------------|--|---|--------------------------------|
|        |   | WIC Offices Closed for Staff Day   | 2                 | 3  | 4   | 5                              |
| 6      | 7 WIC Late Clinics Manchester, Nashua & Seabrook until 7pm                  | 8                                  | 9<br>CSFP Raymond | 10 WIC Late Clinics Exeter until 7pm CSFP Manchester | 11 WIC Early Clinics Manchester and Nashua 7 am CSFP Northwood & Newmarket                                      | 12                             |
| 13     | 14  COLUMBUS DAY SNHS Offices Closed  | 15                                 | 16                | 17   | 18 CSFP Manchester  | 19                             |
| 20     | 21 WIC Late Clinics Manchester and Nashua until 7pm CSFP Manchester Housing | 22                                 | 23 CSFP Nashua    | 24   | 25 WIC Early Clinics Manchester, Derry & Nashua 7 am CSFP Seabrook  | 26                             |
| 27     | 28 WIC Late Clinics Manchester, Derry & Nashua until 7pm                    | 29  CSFP Greenfield & Peterborough | 30 CSFP Nashua    | 31   | Bad Weather Procedures Cancellations are listed on WI Southern New Hampshire Ser Decisions on cancellations are | vices website: <b>snhs.org</b> |

# Rental Assistance and Housing Stability

### Giving a hand-up to help people better help themselves

Emergency Solutions Grant (ESG): The ESG program objective is to assist individuals and families experiencing homelessness, or who are at risk of homelessness, to regain stability through services provided under the eligible activities. ESG may provide housing relocation and stabilization services as well as temporary financial assistance to individuals and families who are experiencing homelessness, or would be, but for this assistance. ESG funds are intended to be used as part of a community response system using a low barrier, housing focused approach to ensure that homelessness is rare, brief, and non-recurring.

As a subrecipient of the Federal and State ESG and Housing Stability funds, SNHS provided assistance to 12 households with a total cash assistance of over \$200,000 during the fiscal year 2022-2023.

The SN seven in housing one inco SNHS sa They help winter and very much struggles of

The SNHS ESG Program helped me and my family of seven not be evicted from our apartment due to extreme housing crisis, gas, food and daily life expenses and only one income at the time it was hard to get the rent paid. SNHS saved our family of seven from living on the street. They helped me to get a job and budget our income with winter and Christmas fast approaching their help is very much appreciated. So, with that THANK you very much SNHS for understanding the daily struggles of this world.

- Mellonie

NH Emergency Rental Assistance Program (NHERAP): The Governors Office for Emergency Relief and Recovery (GOFERR) established the NHERAP with the New Hampshire Housing Finance Authority (NHHFA) to provide financial assistance for NH renters who could not pay their rent and utilities during the pandemic. All five Community Action Partnerships in partnership with NHHFA and GOFERR worked with tenants, landlords and utility companies to pay the rent and utility bills for eligible clients. The rental and utilities assistance ended in February 2023.

The ERA Housing Stability, a separate component of the program provided temporary hotel accommodations to homeless families, continued until June 15, 2023. SNHS staff continued to assist the families residing in hotels in finding affordable permanent housing. In an effort to further bolster this effort, SNHS created "wrap" teams that were made up of many of our local partners that included Families in Transition, Greater Manchester Mental Health, Manchester Redevelopment and Housing Authority, Manchester Welfare Dept, the YWCA, and Health Care for the Homeless to make a wide range of services and resources available to these clients. The NH Emergency Rental Assistance program provided nearly \$300 million in critical resources to over 26,000 Granite State households and the Housing Stability program housed 467 families and individuals in various hotels in the region between July 2022 through June 2023.

My son and I would not be in an apartment if it wasn't for SNHS.

We were evicted due to our building being bought and turned into a halfway house, which meant anyone with kids had to leave. In October of 2021 were accepted into the program and since have had amazing case workers who not only helped us find an apartment but really cared about us. Now we're in our own apartment and can't be more thankful. If there weren't programs like SNHS and FIT there would be a lot more people hungry and homeless without hope. Thank you for being a light in the dark.

- Tie

This program saved my life. After my heart attack, I was unable to work, behind on my bills and on the brink of homelessness. I'm now back to work and getting on track.





October 2024

M T W T F S 20 21 22 23 24 25 26 27 28 29 30 31

## November 2024

National Homeless Awareness Month



| S  | М  | Т  | W  | Т  | F  | S  |  |
|----|----|----|----|----|----|----|--|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |  |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |  |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |  |
| 29 | 30 | 31 |    |    |    |    |  |

December 2024

| Sunday  | Monday   | Tuesday                             | Wednesday                | Thursday                             | Friday   | Saturday |
|---|--|-------------------------------------|--------------------------|--------------------------------------|--|----------|
| Bad Weather Procedures Cancellations are listed on WMUR website: wmur.com and Southern New Hampshire Services website: snhs.org Decisions on cancellations are made by 5am. |  |                                     |                          |                                      | 1  | 2        |
| 3   | WIC Late Clinics Manchester,<br>Nashua & Seabrook until 7pm                    | 5  ELECTION DAY SNHS Offices Closed | 6 CSFP Weare & Goffstown | 7 WIC Late Clinics Exeter until 7pm  | 8 WIC Early Clinics Manchester and Nashua 7 am CSFP Raymond      | 9        |
| 10  | VETERANS DAY SNHS Offices Closed   | 12<br>CSFP Derry                    | 13 CSFP Nashua           | 14 CSFP Portsmouth                   | 15 CSFP Manchester   | 16       |
| 17  | 18 WIC Late Clinics Manchester, Derry & Nashua until 7pm CSFP Salem & Plaistow | 19                                  | 20                       | 21                                   | 22 WIC Early Clinics Manchester, Derry & Nashua 7 am CSFP Nashua | 23       |
| 24  | 25 WIC Offices Closed for Staff Day  | 26 CSFP Milford                     | 27 CSFP Manchester       | 28  THANKSGIVING SNHS Offices Closed | 29  DAY AFTER THANKSGIVING SNHS Offices Closed                   | 30       |

### **Working with Volunteers in our Community**

Retired & Senior Volunteer Program (RSVP) is a part of AmeriCorps Seniors, a federal agency that improves lives, strengthens communities and fosters civic engagement through service and volunteering with a network of national service programs for Americans 55 years and older.



Retired & Senior Volunteer Program (RSVP) volunteers prepare mailing for Nashua Soup Kitchen while enjoying each other's company.



Raymond Youth Coalition held a donation drive to help stock our Raymond Pantry with items that aren't traditionally donated. A long time community partner, we thank them for their commitment to our families!

66 Volunteering creates a national character in which the community and the nation take on a spirit of compassion, comradeship and confidence.

- Brian O'Connell



Many thanks to members of the Ladies Union of the United Church of Christ for taking some time to make up Easter bundles to be given through our Food Pantry program!





### November 2024

| S  | М  | Т  | W  | Т  | F  | S  |
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| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

## December 2024

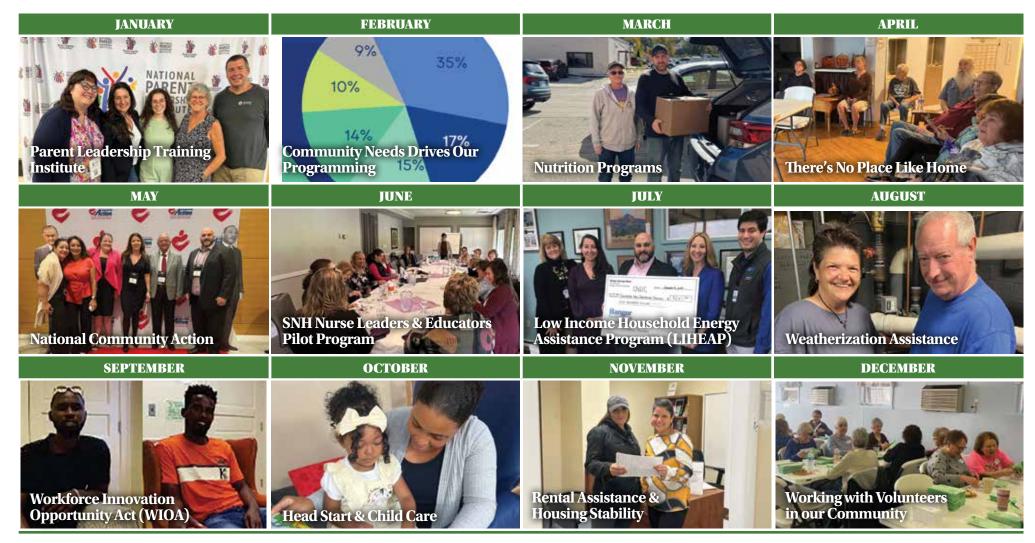


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| 12 | 13 | 14  | 15  | 16  | 17 | 18 |  |
| 19 | 20 | 21  | 22  | 23  | 24 | 25 |  |
| 26 | 27 | 28  | 29  | 30  | 31 |    |  |

| Sunday                           | Monday   | Tuesday  | Wednesday                            | Thursday                             | Friday   | Saturday |
|----------------------------------|--|--|--------------------------------------|--------------------------------------|--|----------|
| 1                                | 2  | 3  | 4                                    | 5                                    | 6  | 7        |
| FUEL ASSISTANCE<br>PROGRAM OPENS | WIC Late Clinics Manchester,<br>Nashua & Seabrook until 7pm<br>CSFP Nashua<br>FUEL ASSISTANCE<br>PROGRAM OPENS | WIC offices closed for<br>Staff Day<br>CSFP Greenfield &<br>Peterborough | CSFP Raymond                         | WIC Late Clinics<br>Exeter until 7pm | WIC Early Clinics Manchester<br>and Nashua 7 am  |          |
| 8                                | 9  | 10   | 11                                   | 12                                   | 13   | 14       |
|                                  | WIC Late Clinics Manchester,<br>Nashua, Derry & Raymond<br>until 7pm<br>CSFP Manchester                        | CSFP Derry   | CSFP Nashua                          | CSFP Seabrook                        |  |          |
| 15                               | 16   | 17   | 18                                   | 19                                   | 20   | 21       |
|                                  | WIC Late Clinics Manchester<br>and Nashua until 7pm<br>CSFP Manchester Housing                                 | CSFP Manchester  |                                      |                                      | WIC Early Clinics Manchester,<br>Derry & Nashua 7 am<br>CSFP Northwood & Newmarket               |          |
| 22                               | 23   | 24   | 25                                   | 26                                   | 27   | 28       |
|                                  | WIC Late Clinics Manchester,<br>Derry & Nashua until 7pm   |  | CHRISTMAS DAY<br>SNHS Offices Closed |                                      |  |          |
| 29                               | 30   | 31   |                                      |                                      | n WMUR website: <b>wmur.com</b> and<br>e Services website: <b>snhs.org</b><br>s are made by 5am. |          |
|                                  | WIC Late Clinics Manchester<br>and Nashua until 7pm  |  |                                      |                                      |  |          |



## Keeping up with the challenges and changing times by modifying and innovating the way we deliver services and working with the community to find paths forward.



### **USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

SNHS is an equal opportunity provider and employer.









### **Administrative Office**

40 Pine St., Manchester Mailing Address: P.O. Box 5040, Manchester, NH 03108-5040

(603) 668-8010 / (800) 322-1073 Hard of Hearing: (800) 877-8339

See April calendar page for Senior Housing locations

### **Rockingham County Resource Centers**

**Derry:** 9 Crystal Ave. (603) 295-4105

Portsmouth: 4 Cutts St.

(603) 431-2911 / (800) 556-9300

Raymond: 55 Prescott Rd.

(603) 895-2303 / (800) 974-2303

**Salem:** 85 Stiles Rd., Ste. 103 (603) 893-9172 / (800) 939-9172

Seacoast: 146 Lafayette Rd., Seabrook

(603) 474-3507 / (800) 979-3507

### **Hillsborough County Resource Centers**

**Manchester:** 40 Pine St. (603) 668-8010 / (800) 322-1073

Nashua: 134 Allds St.

(603) 889-3440 / (877) 211-0723

**Peterborough:** 9 Vose Farm Rd., The River Center

(603) 924-2243 / (877) 757-7048

**Hillsborough:** 4 Church St. (603) 464-5835

**Milford:** 1 Columbus Ave. (603) 924-2243 / (877) 757-7048

snhs.org

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The Community Action Partnership serving Hillsborough and Rockingham Counties

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