

# Manchester Schools Are Out... **FREE SUMMER MEALS** **ARE IN!**

Helping keep kids connected to nutrition all summer long, Southern New Hampshire Services is once again providing free breakfast, lunch and dinner in several Manchester locations this summer.

The Summer Food Service Program is sponsored by the U.S. Department of Agriculture. The program helps to ensure that at-risk youth eat at least one nutritious meal each day when school lunch programs close for the summer.

- The healthy meals are based on USDA nutrition guidelines
- Families save money when their children participate in the program
- Meals are to be eaten on-site at a safe, fun place where kids can visit with friends



**Open to all  
children 18  
and younger**  
NO Identification Required  
NO Cost  
NO Enrollment

## Join your friends for a free meal at the following Manchester locations this summer!

### **Elmwood Gardens**

- 83 Trahan St.
- Breakfast: 9-10am
  - Lunch: 12noon-1pm

### **SNHS WIC Clinic**

- 40 Pine St.
- Breakfast: 8:30am-10am
  - Lunch: 12noon-3:00pm

### **Manchester P.A.L.**

- 409 Beech St.  
(June 25-August 31)
- Lunch: 1-2pm

### **Harriman Park**

- Lake Avenue & Hall Streets
- Lunch: 11:30am-12:00pm

### **Prout Park**

- Jewett & Young Streets
- Lunch: 12:45-1:15pm

### **Hunts Pool**

- 297 Maple St.
- Lunch: 1:15-2:15pm

### **Rock Rimmon Pool**

- 249 Mason St.
- Lunch: 1:30-2:30pm

### **Adventure Park**

- 324 Lincon St.
- Dinner: 4:15-4:45pm

### **Sweeney Park**

- 132 Walker St.
- Dinner: 4:15-4:45pm

### **Kelly Falls Apts.**

- 463 Kimball St.
- Dinner: 5-5:30pm

### **Maple Street Apts.**

- 138 Maple St.
- Dinner: 5-5:30pm

### **Beech Street School Park**

- 275 Beech Street
- Dinner: 5:45-6:15pm

### **Beech Hill Apts.**

- 120 Beech Hill St.
- Dinner: 5:45-6:15pm

### **Center Park**

- 22 Beech Hill Dr.
- Lunch: 12-12:30pm

### **Central High School Football Practice**

- Gill Stadium:  
396 Valley St.  
(August 13-24)

### **West High School Football Practice**

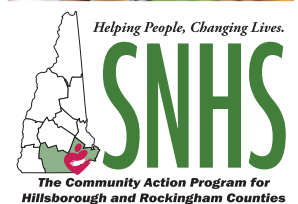
- School Fields:  
9 Notre Dame Ave.  
(August 13-24)

### **Memorial High School Football Practice**

- School Fields: 1 Crusader Way  
(August 13-24)

### **Center for New Americans**

- 72 Concord St.  
(June 25-August 26)
- Lunch: (Mon): 12noon-3pm
  - Dinner (Mon): 4:30-6:30pm
  - Lunch (Thur): 12noon-3pm



**This institution is an  
Equal Opportunity  
Provider**

8/16/18

**Check on-line at [www.SNHS.org](http://www.SNHS.org) for a complete list of summer food locations and times**