

# SEABROOK HEAD START

A program of Southern New Hampshire Services



## Location:

146 Lafayette Rd., Seabrook 03874  
603-474-3507 / 668-8010 ext. 6098

## Communities Served:

Seabrook, South Hampton, Hampton Falls,  
Exeter, Kensington, Kingston and surrounding  
communities

**Head Start is a comprehensive child development program designed to foster the healthy development of preschool children and their families.**

### **Child Development Services:**

- Quality preschool education to promote school readiness skills;
- Ongoing developmental screening and assessment to meet the varying needs of children;
- Activities to build social and self-help skills.

### **Health & Nutrition:**

- Work with families to address special health and nutritional needs;
- Provide healthy meals and snacks;
- Health & nutrition screenings.

### **Family Services:**

- Parenting support and education;
- Parent involvement opportunities and social activities;
- Support with access to needed community services.



## Schedule:

The Seabrook Head Start meets 6 hours per day, Monday through Friday. The program runs the school year from September to June and follows the Seabrook Public Schools vacation schedule. The daily schedule includes group and individual activities in science and exploration, dramatic play, math literacy, music and movement and art. Children play outside each day weather permits and breakfast and lunch are included.

## Staff:

The staff of the Seabrook Head Start have degrees in Early Childhood Education and receive ongoing training in child development and curriculum planning.

**For additional information about the program or to complete an application, call Seabrook Head Start directly at (603) 474-3507 ...or call (603) 668-8010, ext. 6098 or 1 (800) 322-1073, ext. 6098**